

Diagnosis of testosterone deficiency

The main focus of the examination is a comprehensive physician-patient dialogue to establish the suspicion of a hormone deficiency in the first place. An existing suspicion is confirmed by blood analyses.

As regards blood analyses, the testosterone level should always be measured in the morning between about 8.00 am and 11.00 am, because the level varies over the course of the day and is the highest in the morning. In the event of unusual results, a confirmatory examination should always be performed.