

Treatment of testosterone deficiency

The administration of testosterone (substitution) is necessary if both a deficiency is measured in the blood and the corresponding symptoms are reported by the patient. If the testosterone level is borderline low, special laboratory analyses can be performed.

Testosterone can be administered in various ways. The most natural way is the daily application of a testosterone-containing ointment, because this most closely reflects the natural variations in testosterone levels in the blood. Alternatively, testosterone can be injected into the gluteal muscle at regular intervals or administered in the form of capsules.

Not only the administration of testosterone but also the monitoring of the therapeutic effect, prostate cancer screening and laboratory testing are of great importance.